

Helena Youth Soccer Association

Helena Youth Soccer League (HYSL)

Grade	K	1-2	3-4	5-8
Players on the Field	4v4	5v5	7v7	11v11
Team Size	6-8	8-10	10-14	15-18
Game Length	4 – 10 min. Quarters	25 min Halves	25 min. Halves	35 min. Halves
Ball Size	3	3	4	5
Goalkeeper	No	No 1st Yes for 2nd	Yes	Yes
Referee	Coach	Coach 1st Ref for 2nd	Yes	Yes
Offside	No	No	No	Yes
Throw-Ins	Kick-in	Yes	Yes	Yes
Headers	NO	NO	NO	NO
Goal Kicks	Yes	Yes	Yes	Yes
Corner Kicks	Yes	Yes	Yes	Yes
Free Kicks	Yes/4yds	Yes/4yds	Yes/8yds	Yes/10yds
Penalty Kicks	No	No	Yes	Yes
Substitutions	Any natural stoppage of play, with the approval of referee.			
Slide Tackles	Slide Tackles are not allowed at any level			
Playing Time	Equal	Equal	Equal	Equal
*Build out Lines in effect see below Rules link				