
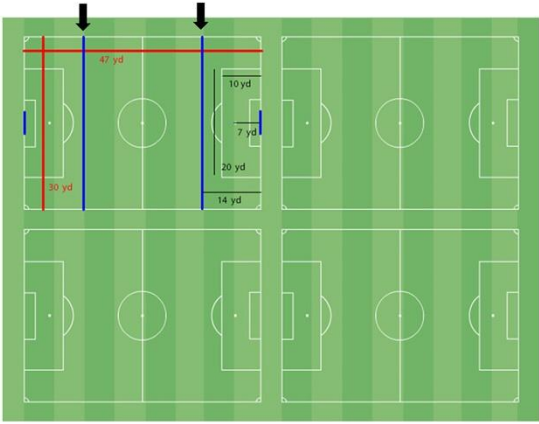


# BUILD OUT LINES

**Development Rules for 7v7**



- **Build out lines**



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In addition to the standards, U.S. Soccer also believes that certain rules are needed to promote development.

For the 7v7 game, the field will include build out lines to promote individual skills and facilitate game flow.

## Development Rules for 7v7



- The build out line is used to promote playing the ball out of the back in an unpressured setting
- When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line

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The build out line is used to promote playing the ball out of the back in an unpressured setting.

When the goalkeeper has the ball, either during play or from a goal kick, the opposing team must move behind the build out line.

## Development Rules for 7v7



- Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball to a teammate (no punting)
- After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal

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Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball to a teammate.

Punting the ball is not allowed as this would defeat the purpose of the build out line and reduces the opportunity to play out of the back in an unpressured setting.

After the ball is put into play, the opposing team can then cross the build out line and play can resume as normal.